

ADMINISTRATIVE PROCEDURES

	200 – INSTRUCTIONAL PROGRAMS &	CODE:	AP 203
SECTION:	MATERIALS		
PROCEDURE:	FAMILY LIFE EDUCATION		

BACKGROUND

Family Life Education is intended to supplement the Religion Program and accounts for about one-fifth of the time set aside for Religious Education in grades one to eight. The Division has adopted the Fully Alive programs as the major resource for Family Life Education. The Fully Alive program was sponsored and developed by The Ontario Conference of Catholic Bishops.

Unit three is a compulsory area of study in grades one to eight.

PROGRAM OVERVIEW

1. Fully Alive is organized into five (5) major themes:

- 1.1 Created and Loved by God - We are created in the image of God and loved as a special creation.
- 1.2 Living in Relationship - The bonds of family and friendship are central to our identity and development.
- 1.3 Created Sexual: Male and Female - The gift of sexuality, which is intended for love and life, is an integral part of our identity and development.
- 1.4 Growing in Commitment - We are called to be faithful and fully human in our promises, choices and decisions.
- 1.5 Living in the World - We are members of human society and have a responsibility to care for and build God's world.

2. Grades 1 – 3

2.1 Theme 1

God's gift of creation and people – God knows me – being me – my likes and dislikes – growing up – my feelings – other people's feelings – our gifts – sharing gifts with others.

2.2 Theme 2

My family – family love – family changes (a new baby, moving, a grandparent's death) – brothers and sisters – learning to be friends – cooperation – friendliness.

2.3 Theme 3

Love and marriage – becoming parents – life before birth – how life begins – caring for new babies – the gift of bodies – being girls and boys.

2.4 Theme 4

Caring in the family – caring adults – family commitment – promises – choices and decisions.

2.5 Theme 5

An exciting world – God’s good world – many people in the world – caring for the world – the value of work – learning to work.

3. Grades 4 – 6

3.1 Theme 1

My life is a gift – God’s love for us – we are alike and different – we are mysterious – growing up – human development – death – we need each other – we affect each other – we are life-givers.

3.2 Theme 2

Our families – family time together – family love – family rules – family history – family changes (divorce, a new job, unemployment) – communication – sharing chores – making friends – friendship growth and stress.

3.3 Theme 3

Marriage and family love – the gift of sexuality – how life begins – heredity and environment – fetal development – birth – reproductive system – human fertility – puberty.

3.4 Theme 4

Commitments and responsibilities – models of commitment – learning to make and keep commitments.

3.5 Theme 5

The world as a home – caring for and building the world – communities – we are members of society – values and media – influencing society.

4. Grades 7 – 8

4.1 Theme 1

God’s gift of human nature – personality – the human mind – genes and environment – being fully human.

4.2 Theme 2

Relating to others – family (structure, birth order, rules, communication, changes, conflict resolution, abuse) – friendship (qualities, changes, loyalty, peer pressure, moods, cliques).

Theme 3

Sexuality (Christian vision, sexual identity and roles, fertility, puberty, sexual attraction and chastity, sexually transmitted diseases and family planning).

4.3 Theme 4

Growing up – making decisions – responsibilities – commitment as a gift of self – understanding and managing stress.

4.4 Theme 5

Participating in groups (purpose, responsibilities, discrimination) – social justice (poverty, the environment, abortion) – growing toward social justice.

Reference: Sections 85, 108, 109, 175, 176, 177 Education Act

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