



# St. Theodore School

*Where the knowledge of God is the foundation of learning*

Box 430 Theodore SK. S0A 4C0 Phone: 647-2762 Fax: 647-2024

lana.klemetski@cttcs.ca

[www.sttheodore.christtheteacher.ca](http://www.sttheodore.christtheteacher.ca)

Christ the Teacher Roman Catholic School Division #212



## March Newsletter

### Dates to Remember

Tues. Mar. 5	Free pancake lunch
Wed. Mar. 6	Lent Begins Ash Wednesday Mass @ St. Gerard Church 9:30am
Wed. Mar. 13	SCC meeting – 7pm
Wed. Mar. 20	Care Home visit – Gr. 4 - 8
Thurs. Mar. 21	Student progress reports handed out
Fri. Mar. 22	K- 8 Ski Trip to Asessippi Ski Resort: Leave 8am from school Return at 6pm
Tues. Mar. 26 & Thurs. Mar. 28	Student-Led Conferences 3:30-6:30pm
Thurs. Mar. 28	Family Wellness Night BUILDING STRONG KIDS 5:30 – 6:30pm Supper 6:30 – 7:30pm Workshops for parents and children separately
Wed. Apr. 17	Theodore's 87 <sup>th</sup> Open Lit Night 7pm
Fri. Apr. 19	Good Friday - No School
April 22 – 26	Easter Holidays – No School

Dear Families,

This upcoming month the SCC have helped plan a great family wellness night. It starts out with two nights available for children to share their learning with parents at student-led conferences. Then on Thursday come for supper and stay to hear the learning session about BUILDING STRONG KIDS: HOW TO MANAGE ANXIETY. We have guest speakers coming for the parents, and stations for children to make and take projects home to help them manage worry and stress. Everyone is invited! *Let's start children off on the way they should go, and even when they are old they will not turn from it. Proverbs 22.6*  
Mrs. L. Klemetski

**What is Lent?** Lent is the forty-day season of fasting, special prayer and almsgiving in preparation for Easter. The name "Lent" is from the Middle English, meaning spring; its more primitive name was the "forty days," in Greek. And what says "spring" in a greener or more hopeful way than the feast of St. Patrick on March 17? As long, dark nights give way to warmer, longer, brighter days and the promise of a season of new life, there isn't a more fitting acknowledgment than the feast of the man who brought Christianity to Ireland. Talk with your family about the shamrock. The three-leafed clover is a symbol of the Holy Trinity.

Lent offers opportunities to pass on your faith to children. Here are some ideas for making Lenten memories:

- Pray together. Even if it's just an Our Father or Hail Mary, it unites the family.
- Let each family member mention one person or problem that they would like to pray for in a special way at dinnertime.
- Take the kids grocery shopping for the poor. Let them help you bring the food to your church or the local food bank.
- Let children light a candle for people throughout the world who are sick or hungry.
- Sample Lenten food favorites, such as hot cross buns or pretzels. If you're really adventurous, check the Internet for recipes and make your own!
- Find a production or watch a video of a Passion play. Invite family members and friends.

[www.oursundayvisitor.com](http://www.oursundayvisitor.com)

### THANK YOU!

- Thank you to the St. Theodore SCC and to the CTTCS Board of Education for showing your appreciation for the staff at St. Theodore School. We are blessed to have such great support.
- Thank you to the school families for supporting a wonderful school spirit and friendship week. A little bit of kindness goes a long way!
- To the community of Theodore and St. Theodore families who donated money toward Kinsmen Telemiracle 43. Our donation total was \$1127.00.

Also thank you to local businesses and the Theodore and District Seniors Club for your donations to Telemiracle. Your generosity helps people with needs in Saskatchewan.

- To Jeff and to the Village of Theodore for sponsoring the students to use the ice at the arena. Thank you!

### GROWING SMILES FUNDRAISER

Get rid of the winter blues and think about spring planting!

We will be pre-selling various spring plants. Choose from hanging baskets, patio planters, strawberries, succulents, herbs, veggies, geraniums, wave petunias, marigolds, premium soil, and fertilizer.

Orders due April 17.

Plant pick up at the school May 1.

Great gifts for Mother's Day or for your yard and garden.

Prices are competitive with local greenhouses.

Look online at [sts.growingsmilesfundraising.com](http://sts.growingsmilesfundraising.com)  
Students will have brochures for orders soon.

Proceeds to the school year-end trip.  
-----

### St. Gerard's Events

- Starting in Lent..... Bible Study!  
Beginning March 11th there will be Bible Study at 7pm each Monday evening. For more information, please speak with Father Louis.
- POTLUCK SUPPER Sunday, March 17 @ 5:00 pm You're invited to welcome spring and celebrate St. Patrick's Day with members of your parish family. If you're new to the parish, please try to attend and give all of us an opportunity to get to know each other. Submitted by the Community Life Committee

[www.stgerard.ca](http://www.stgerard.ca)

## CTTCS Board Members' Corner

Christ the Teacher Catholic School Division is governed by a ten-person elected Board of Education. The Division is featuring monthly board member profiles to assist families and communities to know their board members better.



**Name:** Lisa Rathgeber, Board Chair

**Years as Board Member:** 16

*I believe that Catholic education is a true gift that needs to be protected...*

**Profile:** <https://www.christtheteacher.ca/cttcs/board-members-lisa-rathgeber>



**Name:** Dwight Guy, Board Vice-Chair

**Years as Board Member:** 7

*As a Board, we ensure that the ingredients are available so that administration can complete the appropriate recipes for a strong Catholic Education for those in our division...*

**Profile:** <https://www.christtheteacher.ca/cttcs/board-members-dwight-guy>

**WE HAVE IN STOCK! \$10 EACH**

**COWBOY CAVIAR** beef jerky is proudly made in Saskatchewan with Canadian Beef. Cowboy's Caviar has a fantastic flavour, it is easy to chew and the jerky is always a hit. Regardless of what flavour you try we bet you can't stop at just one piece. Enthusiasts of meat snacks love Cowboy's Caviar !

What is anxiety?

How can we teach our children to respond to stress?

Studies show more and more children struggle with resilience.

How do we build resilient kids?

COME AND BRING YOUR FAMILY

## BUILDING STRONG KIDS: How to Manage Anxiety

**Thursday, March 28**

Student - led conferences: 3:30 - 6:30pm

Supper 5:30 - 6:30pm

Parent presentation in St. Theodore Gym 6:30 - 7:30pm

Children rotate around stations in the classrooms

for make-and-take stress busters 6:30 - 7:30pm

**Presenters:** Tammie Plews, Evan Wasylyniuk, Kerrie Shearer, Leanne Sauser  
CTTCS school counsellors

FREE OF CHARGE

ALL FAMILIES AND COMMUNITY MEMBERS WELCOME

Sponsored by St. Theodore School Community Council